

escape to Spain

a unique retreat dedicated to
cancer survivorship.

wellness retreats

23rd November – 1st December 2023

Experience
a personal
transformation

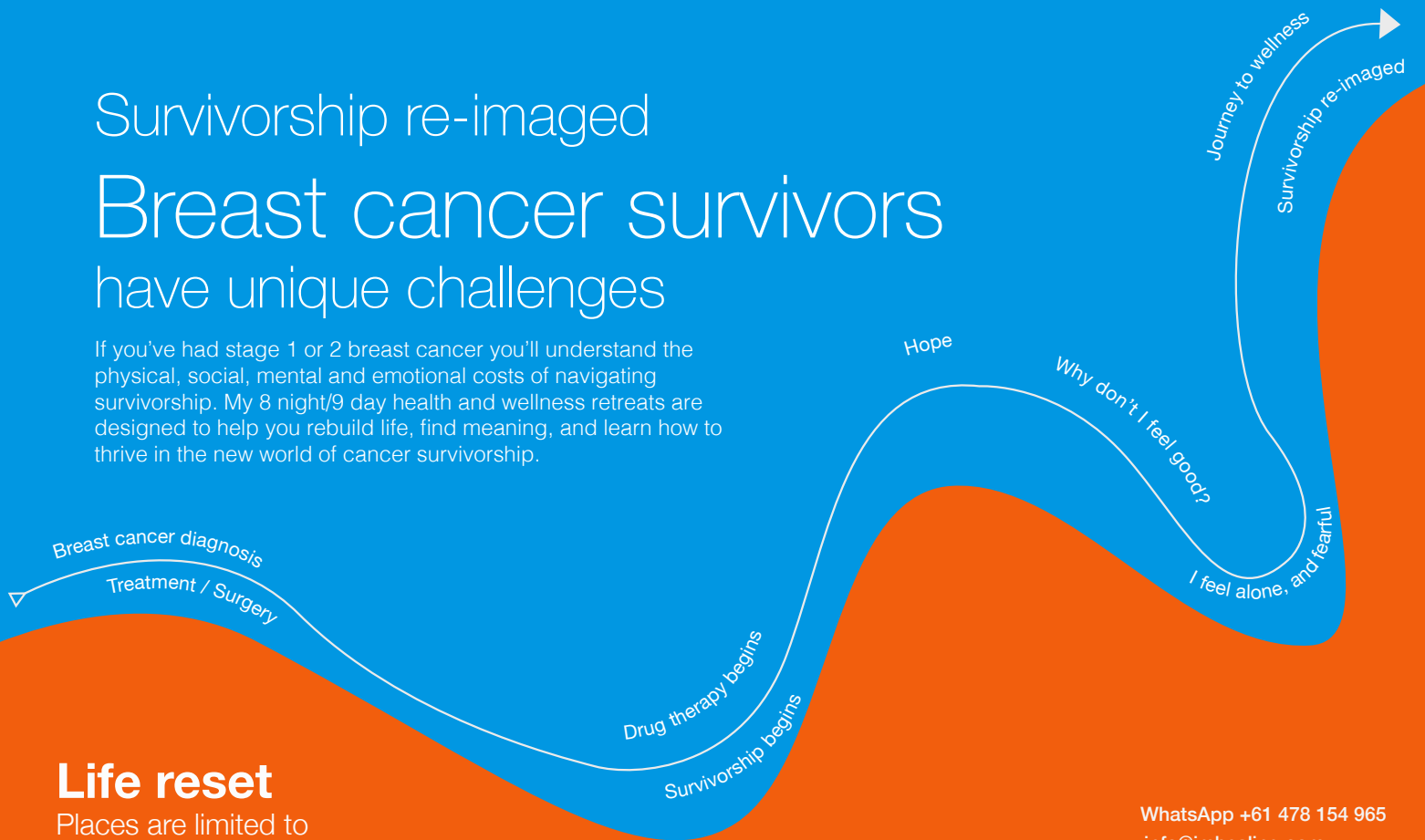
Wellness retreats help
rejuvenate the mind,
body, and spirit, giving
you time to reflect on your
health challenges while
clearing space for you to
create the next chapter.

Join my team and I in
Busot, Spain for
8 nights/9 days
of immersive rejuvenation
focused on your health
and healing.

Survivorship re-imaged

Breast cancer survivors have unique challenges

If you've had stage 1 or 2 breast cancer you'll understand the physical, social, mental and emotional costs of navigating survivorship. My 8 night/9 day health and wellness retreats are designed to help you rebuild life, find meaning, and learn how to thrive in the new world of cancer survivorship.



Life reset

Places are limited to
4 guests per retreat.

WhatsApp +61 478 154 965
info@jmhealing.com
jmhealing.com/retreats

Location

Busot, on the sunny Costa Blanca, Alicante.

Next retreat

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Retreat inclusions

- Pick up and transfers to and from Alicante Airport (25 minutes to the villa)
- 3 healthful Mediterranean meals and drinks (including local wine)
- 8 nights/9 days luxury accommodation at a private villa (maximum of 4 occupants)
- Access to highly skilled professionals in cancer survivorship
- Daily yoga & meditation
- Counselling and workshops to rebuild self-esteem and improve resilience
- Excursions to Alicante and Altea historic cities.
- Gentle mountain walks in the beautiful Alicante mountains.
- Flamenco evening at the villa.
- Excursions to Murcia Thermal Springs (minimum 2 people).
- Daily transport to and from beautiful Costa Blanca beaches and El Campello town where you can explore north or south along the picturesque Costa Blanca coastline by tram.

Excludes

Flights, travel insurance
One-on-one therapy sessions



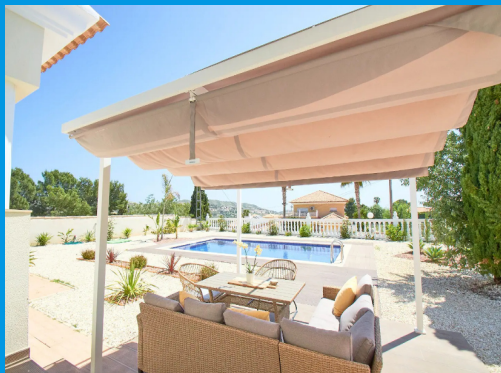


The Venue

With amazing mountain views the Villa in Busot, Spain, is the perfect place to recharge.

Busot is home to many popular tourist attractions including the world famous Caves of Canelobre, Altea town, Guadalest Blue Lake, Thermal waters of Murcia, and historic Alicante city and harbour.

[See more](#)



Your Host



Expertly facilitated by Jane McCann. BEd (Hons)(Phys Ed) Post grad counselling, Certified hypnotherapist, psychotherapist, kinesiologist, yoga teacher, horse-assisted learning specialist, and breast cancer survivor.

She understands the challenges of navigating life after cancer and will have you feeling invigorated and relaxed in no time.



Price & Accommodation Options

All prices are per person.

Two accommodation options to suit your budget

Single room ensuite	£1950.00
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Single room shared bathroom	£1530.00
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BOOK NOW

Places are limited so early payment
will secure your preferred
accommodation option.

My retreat is highly personalised.
Only 4 participants per retreat.

Deposit of £100 is required to secure your place.
Costs are non-refundable 6 weeks prior to your retreat start date.
Price excludes flights, visas, travel insurance, one-on-one therapies.

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The Personal Stuff

Wellness Retreat registration Form

First name: _____ Surname: _____

Address: _____ Suburb: _____

State: _____ Postcode: _____ Mobile(sms): _____ Email: _____

Emergency contact

Name _____ Mobile (sms) _____

Health status - Please indicate any health or medical conditions that may be relevant to your safe participation and that you are fully vaccinated for Covid:

Dietary needs and anything else you feel we need to know?

Final refund date

A full refund is available 6 weeks prior to the event start date. After this date, any costs associated with your attendance at the retreat are non-refundable.

Payment Method

Secure payment can be made via my website jmhealing.com/retreats

Pay Pal

Reference = Your surname

Next retreat

☐ 23rd November – 1st December 2023

Preferred accommodation option

☐ Single room - shared bathroom

☐ Single room - ensuite

DECLARATION & WAIVER: I hereby declare that I have read and understand the above information and all information provided by me here is true & correct. I agree to waive, release and discharge JM Healing Directors, staff and contractors from any personal injury, loss of property or damages arising from my participation in this yoga retreat and all services received.

Sign & Date

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The Fine Print

Terms & Conditions

Covid Safe

This event is designed with your health as our highest priority. A Covid safe plan is in place but we ask that all attendees notify the organizers of this event if they experience any Covid-19 related symptoms and follow the local health department advice at the time. If this event is unable to proceed at the proposed venue due to Covid restrictions being imposed, a full refund is available.

Cancellation Policy

No general refunds 6 weeks prior to your selected retreat start date.

Deposit of £100 with full payment required 6 weeks prior to your retreat is required to secure your place.

The facilitator reserves the right to cancel this event due to lack of numbers. No refunds provided due to adverse weather during the event. We've gone to great lengths to ensure your experience will be positive and enriching, however, there are some things beyond our control for which we cannot be liable for. including weather, pandemics, travel plans, excursions, other resort guests, and more. We will always place your safety, satisfaction and security as our primary consideration in everything we do.

Places are limited to just 4.
Don't miss this unique experience to
redesign your health and wellbeing after
cancer.

Your participation

By signing the registration form and attending this event you agree to assume full responsibility for your health, actions, and person property. You accept that JM Healing, their Directors, staff, and contractors, are not liable in any way for the physical, emotional, or spiritual impact of attending this event, nor are they liable for your personal property while attending this event.

BOOK NOW



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Get in Touch

We welcome your comments and feedback. Our wellness retreats are inspired by customer generated experiences. This co-creative ideology ensures we provide the highest quality customised experience. Contact us to book your place and experience the amazing physical and mental benefits of this immersive wellness retreat.

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